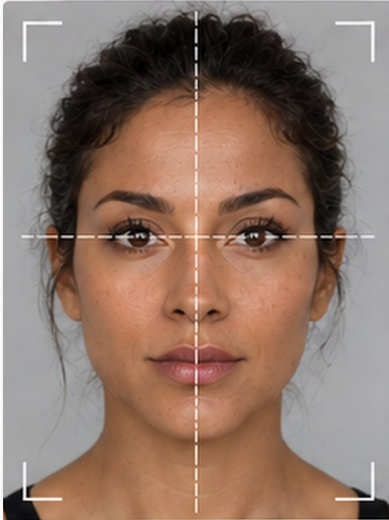


Five Views, One Complete Pic

Clear photos let Dr. Truesdale assess your anatomy properly before you ever sit down.
Good light, a plain background, camera held at eye level — that is all it takes.



Frontal

STRAIGHT ON

Face the camera **squarely**. Eyes level, chin neutral — no tilt up or down.



Right Oblique

THREE-QUARTER

Rotate about **45°** so the **right side** of your face is toward the camera.



Right Profile

FULL SIDE

Rotate a **full 90°**. Head level, ear and nose both in frame — no tilt.



Left

THREE-QUARTER

Rotate about **45°** so the **left side** of your face is toward the camera.



Even, natural light

Face a window — no harsh shadows



Plain background

A blank wall works best



Camera at eye level

Not above, not below



Hair pulled back

Ears and face visible

FOR THE BEST RESULTS

WHERE TO SEND THEM

Text all five photos to (424) 363-4112

Thank you — clear photos make for a better consultation.